

# Every Physical Family Needs Togetherness



## Introduction:

1. If you were to take a "Time Journal" of how much time you spend with your family, what would it reveal?
2. Would your tombstone read, "I wish I spent more time at work?"

## I. Is Family Time that Important?

- A. Is time important?
  1. "It is even a vapor..." (James 4:14)
  2. "'Remember how short my time is..." (Psalm 89:47)
- B. Is family important?
  1. The family is designed by God. (Genesis 1:27-28)
  2. Fathers are important. (Ephesians 6:4)
  3. Mother are important. (Proverbs 31:10-31)
  4. Children are important. (Psalms 127:3)

## II. The Togetherness of Today's Families

- A. It has been estimated that working fathers spend only 3 minutes a day with their children.
- B. Contrary to popular belief, marriage is not 50/50 it is 100/100. (Neither is the family.)
- C. Are the parents too busy? Are the children too busy?
- D. One survey showed that 23 % of families eat 2-4 times a week, 25% of families eat together 5-6 times a week, and 23 % of families eat every night or the week together.

## III. Does God want the Family to be Together?

- A. God wants husbands and wives to be united:
  1. (Genesis 2:23-24; Ephesians 5:31)
- B. God wants the parents and children united:
  1. (Deuteronomy 6:1-9;)

## IV. How can the Family be Together More Often?

- A. It takes planning. (*Life takes planning, People need vision – Proverbs 29:18*)
- B. It takes work. (Proverbs 31:10-31)
- C. It takes listening. (Proverbs 1:8,9)
- D. It will take commitment. (Hebrews 11:23)

## Conclusion:

1. Having a family and deciding to spend time with your family is something that you will never forget.
2. Having a family that is committed to God, a family that is together, and a family that stays together is a priceless gift.